

Rowan Rotary Youth Programs



Service Above Self Youth Awards

In the twentieth year, Service Above Self Awards recognizes our youth ages five to eighteen for their service to others.



Seminar for Tomorrow's Leader Youth Leadership Program

Every year Rowan Rotary sponsors students from our local high schools to attend a conference where they learn many skills regarding leadership.

Timing Provided By:
Salisbury Rowan Runners Club
www.salisburyrowanrunners.org



Rowan
Rotary
Presents

Rowan Rotary Club
Post Office Box 2414
Salisbury, NC 28145-2414

**7th Annual
Spooky Sprint
5K Run/Walk &
Children's Fun Run
Sunday, October 30
2:00pm
Catawba College
Salisbury, NC**



For race information call:
Call or Text
Greg Dunn at 704-754-3698

Rowan Rotary Spooky Sprint 5K Run/Walk

Online Registration:

Participants may register online by going directly to www.sportoften.com

Mail in Registration:

Fill out registration form and mail it with your check made to Rowan Rotary Club, PO Box 2414 Salisbury, NC 28145-2414

Race Day Registration: 12:00-1:30pm

Registration fees are final. No refunds will be available.

Race Packet Pick-Up:

Race packets will be available prior to the race from 12:00-1:30pm at registration desk in Catawba College Stadium.

Inclement Weather Policy:

In case of inclement weather, the race may be delayed for one hour. We reserve the right to cancel any portion of the race if we determine existing weather conditions pose a safety hazard for the participants.



Age Groups (5K Run/Walk): 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 &

Awards: \$50 and Memento for First Place Male & Female Overall Finishers, Male and Female Second/Third Place Overall Finishers-Medals **Overall winners not eligible for Age Group Awards. Awards not mailed.**

Male and Female Categories

Masters 1st place (Must be 40 or above.)

Grandmasters 1st place winners. (Must be 50 or above.)

Senior Grandmasters 1st place winners. (Must be 60 or older)

Fun Run Awards: Trophies First Place Male & Female; Medals Awarded to Second and Third Male & Female.

Contest for best costume, children and adults, judged by the crowd.

Shirts: Short sleeve technical t-shirts and reusable bag to the first 200 pre-registered runners and walkers in the 5K.

All proceeds from the race will support our youth programs such as Service Above Self Youth Awards, School Backpack Program and Seminar for Tomorrow's Leaders.

Rowan Rotary empowers young people to become productive citizens through character and leadership.



Rowan Rotary Spooky Sprint 5K Run/Walk & Children's Fun Run

By _____ Oct 28 Oct 30
 5K Run/Walk \$20 \$25

Name _____

Address _____

City _____ St _____ Zip _____

Phone _____

Email _____

Age as of Oct 28th _____ M _____ F _____

Shirt Size Adult: S M L XL XXL (circle)

Make check for entry fee payable to:

Rowan Rotary Club

PO Box 2414

Salisbury NC 28145-2414

Participant Waiver: In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators, waive and release all rights and claims for damages I may have against Rowan Rotary Club, Salisbury Rowan Runners Club, the City of Salisbury, Catawba College and all sponsors, contributors and their representatives, successors and assignees for injury or illness which may result from my participation. I attest that I am in proper physical condition to compete in this race and understand the risk associated therewith. I also give my permission for the administration of medical aid in case of emergency. I further give my permission for the free use of my name, voice recording, or picture in any broadcast, telecast, or any other account of this event for any legitimate purpose. I understand that my entry fee will not be refunded if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to, hazardous weather conditions or government ban.

Signature (Parent/Guardian if under 18) / Date _____